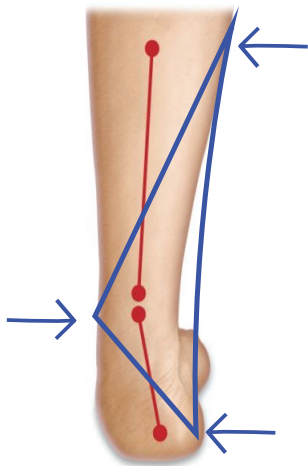


Clinical Guide to Varus Ankle control

The most effective way of controlling ankle varus is with a medial strut design
The ankle strap provides the 3rd point of support

- stages of support:
- 1 lateral wedging of the soft insert
 - 2 ankle strap
 - 3 lateral 1/2 SMO & ankle strap



Recommended AFO's



Medial Strut - Anterior Shell

provides knee stability at terminal stance
ankle stability -varus control
foot drop



Medial Strut - Posterior Calf

provides knee recurvatum control
ankle stability -varus control
foot drop



Medial Strut - "T" top

provides mild knee stability and
recurvatum control
ankle stability -varus control
foot drop